

Arroy Thai Restaurant
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Opening Hours
Thursday Saturday
12:00 - 15:00
Monday- Saturday
17:00 - 23:00
Sunday
15:00 - 23:00

Food allergies and intolerance Information

It is Important to notify us of any allergies or Intolerances Prior to Ordering

V **G** Vegetarian, Vegan and Gluten options are available upon request and must informed us prior to ordering to ensure that we do not use our normal ingredients that may effect for your allergy, intolerance or preference, however we do NOT have separate kitchens to fully comply with your preference, Our Restaurant uses Meat, Fish, Soy, Milk, Egg, Gluten, Peanuts and Tree nut ingredients in the kitchen. We do use separate pots and pans to limit cross contamination, however some allergens are air-born and other allergens are used in other recipes in our kitchen, we can NOT guarantee against cross contamination and this should be considered when ordering meals.

n Indicates that Nuts and or Peanus are used in the corresponding meals and should be avoided by customers with allergies to Nuts or Peanuts.

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Thai Curry

Chicken, Beef	£8.95	King Prawn	£11.45
Duck	£9.95	Vegetables & Tofu	£8.45 V

Choose from the following Dishes

- 39 Yellow Curry Gaeng Karee** **G**
Rich yellow curry with chunky pieces of potatoes and red onions flavoured with yellow curry and coconut milk cream topped with crispy shallot bits.
- 40 Red Curry Gaeng Ped** **V** **G**
Thai's classic red curry with aubergines and bamboo shoots flavoured with red peppers, lime leaves Thai basil and shallots in a succulent spicy red curry with coconut milk.
- 41 Green Curry Gaeng Keow Wan** **V** **G**
Thailand's famous green curry with aubergines and bamboo shoots flavoured with green peppers, lime leaves, Thai basil and shallots all in a spicy green curry with coconut milk.
- 42 Panang Curry Gaeng Panang**
Thick panang curry flavoured with red and green peppers, lime leaves and fresh chillies, sweetened with coconut milk.
- 43 Massaman Curry Gaeng Massaman** **G**
Creamy curry with chunky potatoes, red onion, Thai herbs and spices in a flavoursome massaman curry with peanut and coconut milk, topped with crispy shallot bits.
- 44 Jungle Curry Gaeng Pa** **G**
A very vpic popular Thai dish that contains no coconut milk, creating pure spicy curry stock with a distinctive full taste of lime leaves, lemongrass, galangal, green pepper corns, garlic, chillies and fresh mix vegetables.

Side Orders

58 Steamed Jasmine Rice	£1.95	60 Sticky Rice	£2.45
59 Egg Fried Rice	£2.45	61 Coconut Rice	£2.95
62 Fried Noodles	£2.95	63 Chips	£1.95

Specialities

- 51 Thai Grilled Chicken Gai Yang** **G**
Deliciously Spicy marinated boneless chicken thigh skewers coated in a spicy Thai barbecue sauce, chillies, garlic, palm sugar, wine & lime juice.
- 52 Crispy Egg noodles** £12.45 with Chicken Curry **Khao Soi Gai**
Creamy, tangy curry from northern Thailand, with coconut milk and juicy chicken breast, topped with red onion and crispy noodles.
- 53 Duck Breast** £13.45 in a Creamy Panang Curry **Pedd Panang**
Crispy stir fried boneless duck breast with a special Arroy Thai panang curry sauce on a bed of mixed vegetables.
- 54 Boneless Duck Breast** £13.45 In Hot Thick Red Curry **Choo Chee Pedd** **G**
Succulent crispy duck breast smothered in a creamy hot thick red curry, red chillies and kaffir lime leaves.



Seafood

- 45 Salmon** £12.95 in Thick Red Curry **Choo Chee Pla** **G**
Crispy boneless salmon cooked in a creamy hot thick red curry, broccoli, baby corns and cherry tomatoes topped with crispy basil.
- 46 Crispy Boneless** £13.45 Sea Bass with Mango salad **Pla Tod Yam Ma Muang** **n**
Crispy boneless fillet of sea bass topped with a spicy mango salad and cashew nut in a juicy lime dressing.
- 47 Boneless Sea Bass** £13.45 in Tamarind sauce. **Pla Tord Sord Makram** **G**
Boneless fillet sea bass cooked to perfection topped with tamarind sauce ginger, lemongrass and crispy shallot bits.
- 48 Sweet and Sour** £13.45 Boneless Sea Bass **Pla Tod Sam Rod** **G**
Boneless fillet sea bass topped with spicy sweet chilli and garlic sauce garnished with crispy basil leaves.
- 49 King Prawn** £12.95 In a Thick Red Curry **Choo Chee Goong** **G**
Succulent king prawns cooked in a creamy hot thick red curry, red chillies and kaffir lime leaves topped with crispy basil.
- 50 Steamed Sea Bass** £13.95 in Thai Lemon sauce **Pla Nueng Manoew** **G**
Boneless sea bass fillet with chopped garlic, chilli, coriander and our special Thai lemon sauce dressing.

How Spicy ?

Please inform us of your preference for each Dish

- Mild
- Medium
- Spicy
- Very Spicy



- 55 Boneless Sea bass with King Prawn Curry** £13.95 **Pla Goong Panang**
Fillet of Sea Bass topped with king prawns in a thick creamy panang curry topped with kaffir lime leaves.
- 56 Sizzling Grilled Sirloin Sue Rong Hai** **G** £13.45 **56**
Juicy and tender sliced Sirloin steak grilled in a special Thai herb sauce, served on an iron sizzling hot plate.
- 57 Crispy Stir Fried Duck Breast** £12.95 **Pedd Sam Ross** **G**
Crispy stir fried duck with Arroy Thai special sauce and mix vegetables garnished with crispy basil leaves.



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Appetisers

05

Appetisers

- 01 Thai Prawn Crackers £2.95 **G**
 07 **NEW** Chicken Spring Rolls £4.95
 Poh Pia Gai

Traditional thai crackers made with minced prawn and blended with spices, served with sweet chilli dipping sauce.

Stir fry chicken, vermicelli & mixed vegetable wrapped in crispy spring roll pasty, served with our home made sweet chilli sauce.

- 02 Arroy Thai Platter £6.95 **N**

Combination appetiser with Vegetable spring rolls, Sweet corn cakes, Satay chicken and Arroy special garlic ribs.

- 08 **NEW** Duck Spring Rolls £4.95
 Poh Pia Pedd

Stir fry marinated duck, carrot and leek wrapped in crispy spring roll pasty, served with a special hoisin sauce dip.

- 03 **NEW** Arroy Sharing Platter £12.95
 (2 people) **N**

Special combination sharing platter, Vegetable spring rolls, Fish cakes, Satay chicken & Arroy special garlic ribs.

- 09 Chicken Satay £4.45
 Satay Gai **G N**

Grill skewers of marinated chicken breast topped with our home made peanut satay sauce.

- 10 **NEW** Thai Prawn Wonton £5.45
 Kiew Krob Tod

Deep fried wonton pasty stuffed with prawn & chicken marinated in Thai herbs, served with our sweet chilli sauce.

- 04 Thai Fish Cakes £5.95
 Tod Mun Pla **G**

Fish cakes mixed with a combination of green beans and lime leaves, served with our home made sweet chilli, cucumber and peanut dip.

- 11 **NEW** Chicken wrapped in Pandan Leaf £5.45
 Gai Khor Bai Toey

Marinated chicken breast and herbs wrapped in pandan leaf, steamed & deep-fried, served with sweet chilli sauce.

- 05 Arroy Special Garlic Ribs £4.95 **G**
 Moo Tod Kra Thiam

Tender spare ribs, marinated in a delicious home made Arroy special sauce and deep fried servers in a barbecue sauce with crispy garlic garnish.

- 12 Tempura King Prawn £6.45
 with Panang Sauce
 Goong Tod

King prawns in a light curry infused Tempura, served with a panang dipping sauce.

- 06 **NEW** Prawns in Blankets £6.45
 Goong Hom Pha

Deep fried marinated prawns wrapped in spring roll pasty served with sweet chilli sauce.



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Vegetarian Appetisers

18

Vegetarian appetisers

- 16 Sweet Corn Cakes £4.45
 Tod Man Khao Pod **V**

Please inform us of your requirements prior to ordering so that we can use the appropriate ingredients for vegan or Vegetarian
 Combination sweet corn & Thai red curry, deep fried and served with Arroy Thai sweet chilli dipping sauce.

- 13 **NEW** Vegetarian Crackers £2.95

Tasty vegetarian crackers a perfect combination of cassava and chilli, served with a sweet chilli dipping sauce. **G V**

- 17 **NEW** Satay Tofu **V N** £4.45

Grilled skewers of tasty marinated tofu served with our home made satay peanut sauce.

- 14 **NEW** Arroy Vegetarian Platter (/ person) **N V** £6.95

Combination starter, Vegetable spring rolls, Satay tofu, Sweet corn cake & Sweet potato tempura.

- 18 Vegetable Tempura £4.95
 Pak Chuub Pang Thod **V**

Deep fried mixed seasonal vegetables in light tempura, served with a sweet chilli dipping sauce.

- 15 Vegetable Spring Rolls £4.45
 Poh Pia Tod **V**

Stir fried mixed vegetable in our own stir fry sauce, wrapped in crispy spring roll pasty, served with our home made sweet chilli dip.

- 19 **NEW** Sweet Potato Tempura Thai Thong Tod **V** £4.45

Deep fried strips of sweet potatoes in a Coconut tempura, served with our home made sweet chilli dipping sauce.



23

Thai Salad

- 20 Thai Minced Salad Thai Larb **G**

Chicken, Beef, Pork £6.45
 Duck £7.45

Finely chopped meat with onion, parsley and tossed in a Thai lemon dressing.

- 22 Green Papaya Salad Som Tum **V N G** £6.45

Popular dish from Thailand that combines spicy, sour and sweet flavours topped with peanuts.

- 21 Thai Spicy Salad Thai Yam **G**

Chicken, Beef, Pork £6.45
 Duck £7.45
 Vegetable & Tofu **V** £5.45

Colourful mix of fresh vegetables and choice of meat or Tofu tossed in Thai spicy dressing.

- 23 **NEW** Glass Noodle Salad Yum Woon Sen **N** £7.45

A tasty combination of glass noodle, minced pork, king prawn and vegetables in a Thai seafood dressing and splashed with fresh lemon juice for a tangy bite.

Soup

25

Thai Soup

- Chicken £5.45
 King Prawn £6.45
 Vegetable & Tofu **V** £4.95

Choose from the following soups

- 24 Hot & Sour Soup Tom Yum **G V**

Thailand's most well known hot & sour soup with mushrooms, tomatoes, lemongrass, galangal and lime leaves all in a generously spicy broth garnished with fresh coriander.

- 25 Thai Coconut Soup Tom Kha **G V**

A delicious mild coconut milk soup with mushrooms, lemongrass, galangal, chillies and lime leaves, garnished with fresh coriander.

How Spicy?

Please inform us of your preference for each Dish

- Mild
 Medium
 Spicy
 Very Spicy

Stir Fry

26

Stir Fry Dishes

- Chicken, Beef £8.95
 Duck £9.95
 King Prawn £11.45
 Vegetables & Tofu **V** £8.45

Choose from the following Dishes

- 26 Cashew Nut Stir Fry Pad Med Ma Muang **G N**

Crispy stir fry with mixed seasonal vegetables, onion, dry chillies and crunchy cashew nuts.

- 27 Chilli & Mix Vegetable Pad Kee Mao **G**

Savoury stir fry with chillies, peppers, onion, carrots, bamboo shoots, aubergine, green bean and mushrooms in tasty herb & oyster sauce.

- 28 Oyster Sauce Stir Fry Pad Nam Man Hoy **G**

Savoury stir fry with peppers, onion, spring onion, carrots and mushrooms in tasty oyster sauce.

- 29 Garlic and Pepper Stir Fry Pad Gratiem Prik Thai

A Classic stir fry bringing out the perfect balance between garlic & pepper topped with crispy garlic bits.

- 30 Fresh Ginger Stir Fry Pad Khing Sod **G**

An appetising stir fry of shiitake mushrooms, garlic, fresh ginger, chillies, onion and carrots all in a soybean sauce.

- 31 Sweet & Sour Stir Fry pad Preow Wan **G**

Famous crispy stir fry with cherry tomatoes, carrot, mixed pepper, onion and pineapples all combined with classic sweet & sour sauce.

- 32 **NEW** Hot Basil Stir Fry Pad Krap Pao **G**

Traditional stir fry crunchy green bean seasoned with Thai dark soy sauce, basil, chillies and garlic.

Fried Rice

38

Fried Rice Dishes

- Chicken, Beef £8.95
 Duck £9.95
 King Prawn £11.45
 Vegetables & Tofu **V** £8.45

Choose from the following Dishes

- 33 Thai Fried Rice Khao Pad

Fried rice with eggs, with your selection of main ingredients above with onions, spring onions and a pinch of ground pepper garnished with fresh coriander. **G V**

- 34 Green Curry Fried Rice Khao Pad Gag Keow Wan

Thai green curry stir fried rice with fresh herbs, chillies and aubergines together with your selection of main ingredients above **G V**

- 38 Pineapple Fried Rice £12.95
 Khao Pad Sapparat

One of Thailand favourite and renowned dishes, Special fried rice with a combination of bite size chicken, king prawn with cashew nuts, raisins onion, red & green peppers, spring onion, carrot and pineapple garnished with fresh coriander, served in a pineapple boat. **G N**

Fried Noodles

35

Fried Noodles Meals

- Chicken, Beef £8.95
 Duck £9.95
 King Prawn £11.45
 Vegetables & Tofu **V** £8.45

Choose from the following Dishes

- 35 Phad Thai Fried Noodles Phad Thai **G V**

Thailand's signature dish made with thin rice noodles and your chosen main ingredient above, eggs, spring onion and bean-sprouts stir fried in a sweet tamarind sauce. Served with slice of lemon. Dry ground chilli & peanuts on side plate. **N**

- 36 **NEW** Drunken Noodles Guew Tiew Pad Kee Mao

Spicy stir fried with soft flat rice noodles and your chosen main ingredient above, eggs, fresh mix vegetables, chillies, garlic and basil.

- 37 **NEW** Stir Fried Flat Rice Noodles Guew Tiew Pad See-ew

Stir fried soft wide flat rice noodles, eggs, fresh mixed vegetables, soy sauce, oyster sauce and garlic.

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